

2024 ASAHPERD Fall Conference Tentative Program – Subject to Change

Day	Title
Sunday	First Aid Recertification
Sunday	Human Trafficking 101: What you need to know
Sunday	Navigating the Strength & Conditioning Certification Process
Sunday	WBGT...? Explaining the Role of Wet Bulb Globe Temperature Monitoring to Prevent Heat Injuries in Youth Athletes
Sunday	What's Going on in Higher Education Today?
Sunday	5C's: The Cornerstone of Elementary PE
Sunday	Future Professional Leadership Development Workshop
Monday	Making your Health Education Class Inclusive
Monday	Spotlight on Sports Journals and Google Scholar: Tools for Teachers
Monday	Blueprint for Passing edTPA from Successful Teacher Candidates
Monday	Introducing the New National Physical Education Standards
Monday	exercise science for the Whole Student Body!
Monday	Building Strong Foundations: Quality PE for Every Student
Monday	Get FAST and FURIOUS with Omnikin!
Monday	Hack your walk with Nordic walking!
Monday	Game On: Innovative Games that Boost PE Fun and Fitness
Monday	Me Me Me Meeeeeee! The Importance of Self-Care
Monday	Our Playing Field is Expanding: How to Navigate Change 'A Mindset'
Monday	Looking Good on Paper and in Person - Resume Writing and Interviewing Tips for Future Professionals
Monday	Introducing the HEAL High School Curriculum
Monday	Alabama Walkability Opportunities
Monday	Under (arterial) Pressure: Blood Pressure and Heart Health
Monday	Enhancing Physical Education with Equipment and Technology
Monday	AIM 4 PIE...Literacy on the Move
Monday	"Organize, Motivate & Engage Kids to Move, Learn, and Love It!"
Monday	It's Complicated: A Cannabis Peer Education Program
Monday	Building Self-Confident, Active Kids One Lap at a Time
Monday	Three-Year Analysis of Overweight and Obesity in Central Alabama Children
Monday	The Motivational Effects of Servant Leadership Coaching
Monday	The Physical, Cognitive and Behavioral Benefits of The Walking Classroom
Monday	Sitting with Strength: The Importance of Posture
Monday	SURGE Your Female Athletes Upward
Monday	Designing Activities to Analyze Students' Language Use and Physical Education Learning
Monday	ACTION! Team Games
Monday	Healthy Teens, Healthy Futures-Sexual Risk Avoidance Education for Optimal, Holistic Health.
Monday	Building a Culture of SEL Skills and Foundational Wellness

Monday	RRPG in PETE/HETE Programs: Strategies to Promote Recruitment, Retention, Progression and Graduation in Higher Education
Monday	MYPE-IQ: Invasion & Net Games Assessments for Learning in Middle School Physical Education
Monday	Creating a Winning program from the Ground Up
Monday	HEAL Middle
Monday	Ultimate Ball! Invasion of TGfU
Monday	Juggling in PE (clever title to come later)
Monday	BRAINball®: Closing the Math and Literacy Gap with Movement
Monday	ADPH Youth Tobacco Prevention Program
Monday	Future Professionals Meeting with the ASAHPERD President
Monday	Adaptive Strength and Conditioning for Athletes
Monday	Beginning Kinesiology 101
Monday	Tennis: No Courts, No Equipment? No Problem!
Monday	Order on the Court!
Monday	Collaboration for Students with Visual Impairments in PE
Tuesday	2023-2033 Alabama Physical Activity and Nutrition Plan (ALPAN)
Tuesday	Decoding Wearables: What Do Wearable Scores Mean?
Tuesday	Do You Have a Duty?
Tuesday	Ready, Set, Run (or Walk) - Get moving before school
Tuesday	Addressing CASEL Core Competencies and Skills: From the Future Professional Perspective
Tuesday	Special Olympics Certification
Tuesday	Soul Line Dance
Tuesday	No resources? No problem! Games and activities designed to overcome marginalization in PE.
Tuesday	Game On! Exploring New Games with HEAL United"
Tuesday	Fun and function: Integrating Nordic walking to train for balance, movement, recovery, strength, cardio, and power
Tuesday	Tips for Conquering National Board Certification
Tuesday	Planning an Elementary Track Meet to represent your school
Tuesday	Reimagining College Instruction: Effective Teaching Techniques for Today's Students
Tuesday	Small Facility, No Problem; Large Athletic Population, No Sweat
Tuesday	Does Physical Activity Impact Performance
Tuesday	To have a Student Teacher or not?! That is the Question!
Tuesday	Dynamic Learning: Engaging Minds Through Movement
Tuesday	Safe Splash: Teaching Swimming Safety Beyond the Pool
Tuesday	Maximizing Movement: Strive for Five
Tuesday	Research Poster Session
Tuesday	Navigating New Frontiers: Understanding Current Drug Trends and Prevention Strategies
Tuesday	Gold Medal Dreams start Here
Tuesday	Health Literacy and Physical Literacy

Tuesday	Moving to Your Own Rhythm: Implementing BrainDance in an Elementary Afterschool Program.
Tuesday	Omnikin: Have a BALL with Action-Packed Fun for All!
Tuesday	Games and More Games - Experience Speed Stacks!
Tuesday	Brain Pump- Fun Activities Based on Neuro-Science
Tuesday	Inclusive Games for your Classroom
Tuesday	30 Seconds to Student Engagement!!
Tuesday	Double Edged Sword: How Physical Education Can Trigger and Heal Childhood Trauma
Tuesday	The International Student-Athlete Experience in Higher Education
Tuesday	Coaches Wear Multiple Hats
Tuesday	Empowerment through the HEAL Ambassador and After-School Programs
Tuesday	The Impact of Sodium Bicarbonate on Exercise Endurance and Power
Tuesday	Leveraging Social Media for Physical Education
Tuesday	Out of Bounds - Elevating Your Adapted PE to the Next Level
Tuesday	Dancing into an Active Life
Tuesday	Dodecahedron Research Project
Tuesday	edTPA: An Open Discussion with Future Professionals
Tuesday	Implementing Integrative Neuromuscular Training in Youth Sports
Tuesday	Optimal High School Speed Training
Tuesday	Activities to Keep the Students Moving