



About Us

Vision: To inspire a healthier tomorrow by empowering professionals and fostering collaboration to improve individual and community well-being.

Mission: To promote and support healthy lifestyles through high-quality programs in health, physical education, recreation, dance, sport, and exercise science.

The mission is achieved through:

- Collaborating with schools, universities, like-minded non-profits, and communities to enhance active lifestyles and creative expression.
- Providing opportunities for professional growth and development.
- Communicating the importance and value of our profession.
- Encouraging, facilitating, and disseminating research findings to the profession and to the public.
- Developing and evaluating standards and guidelines within the profession.
- Advocating for quality instruction by working with policymakers across the state.

Who We Are

ASAHPERD is the go-to organization in providing advocacy and professional development for K-12 health and physical education teachers, higher education kinesiology faculty and students, athletic coaches, and physical activity leaders in the state of Alabama.

ASAHPERD has over 700 members of which 95% attend one or more of its annual conferences. Established in 1925 primarily as an organization of higher education faculty, ASAHPERD is now one of the strongest professional organizations of its kind in the Southeast for K-12 and higher education faculty.

What We Do

ASAHPERD consistently adapts to the evolving needs of its members and Alabama's children, ensuring quality physical and health education. The organization remains attuned to challenges such as:

- Shaping K-12 education requirements to meet modern standards.
- Addressing the evolution of high school course requirements.
- Advocating for adequate resources to support educators and programs.
- Ensuring certified teachers lead classrooms across the state.

ASAHPERD is far from a stagnant organization, continuously evolving to address current challenges while planning for future needs. Through its dynamic and forward-thinking approach, ASAHPERD provides essential support, resources, and advocacy to empower educators to help students thrive.

Why This Year Is Special

2025 marks ASAHPERD's 100th Anniversary, a milestone that reflects its enduring legacy of excellence, innovation, and service. ASAHPERD has been promoting health, physical education, recreation, and dance for 100 years, making it a trusted and respected organization of its kind in the community.

For more info:

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