

2025 ASAHPERD Spring Conference Program – Tentative – Subject to Change

Type	Day	Time	Title	Presenter(s)
	Friday 4/11/2025			
Activity/ Lecture	Higher Education/FP	8:30	Teaching Sport Education in a University Instructional Physical Activity Course	Sydney Knight, Brady Meadows, Sheri Brock
Lecture	Health	8:30	Trauma Informed Approach Overview	Jonathan Thompson
Activity	Physical Education	8:30	Disc Golf 101	James Reid
Lecture	Athletics	8:30	Branding Matters: How to Build, Promote, and Protect Compelling Athletic Brands	Jason Lee
Activity	Health	9:40	Wenonah High School Health and Wellness Club	Marlon Turner
Lecture	SES	9:40	Fitness Testing: Is it Even Useful Anymore?	Dale Brown
Activity	Physical Education	9:40	How to Start a Track Club at Your School During PE or Before/After School	Miriam Sokol
Lecture	Higher Education/FP	9:40	From Campus to Career: Leveraging University Student Involvement for Professional Success	Ellie Hubbard, Laura Tyson Daffin, Carlee Burgett, Bella Helm, Sheri Brock
	General Session	10:50	General Session speaker – Toni Leo, Former ASAHPERD President and Co-Chair of ASAHPERD 100 th Anniversary Committee	Jonathan Thompson
Activity	Physical Education	1:30	How to Utilize Fitness Applications in Your Physical Education Program	Wade Thorn
Lecture	Health	1:30	Educating, Equipping, and Empowering the next generation to be change agents in the fight against all cancers affecting women	Audra Smith
Activity	Physical Activity	1:30	Innovative Play in Youth Sports Through the Indoor and Outdoor Classroom	Natalie Norman, ARPA Steve Brown, ARPA
Lecture	SES	1:30	Effect of sodium bicarbonate on middle distance running time trials	Hayes Colvin & Angela R. Russell
	Research	1:30	Poster Sessions	Franco Zengaro & Craig Parkes

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Activity	Physical Education	2:40	TENNIS BENEFITS BEYOND THE COURTS! Empowering Educators, Inspiring Kids!	Suzanne Stone
Lecture	Athletics	2:40	Changing the Playbook: Bridging the Esports and Traditional Sports to Elevate Diversity and Culture	Tanaira Rounds
Lecture	Higher Education/FP	2:40	Surviving to Thriving in Your First Year as a Physical Education Teacher	Jaime Giangrosso, Jonathan Thompson
	Saturday 4/12/2025			
Activity	Athletics	8:30	Lessons Learned in Coaching	Lissa Walker
Lecture	SES	8:30	Mental Health in Motion	Gianna Leonard & Robert Herron
Activity	Physical Education	8:30	Parachute Fun: Your Mind is Like a Parachute. If it isn't open, it doesn't work.	Holly Winfrey
Lecture	Higher Education/FP	8:30	Innovative Strategies for Integrating AI in Physical Education Teacher Education: Enhancing Teaching, Learning, and Assessment	Nikki Hollett, Sheri Brock
Activity	Physical Education	9:40	Inclusion Through Activity	Jarrett Dial
Lecture	Athletics	9:40	Conducting a Personal Brand "Fit Check"	Jason Lee
Activity	Physical Activity	9:40	Mindfulness in the Classroom	Heather Wallace
Lecture	Physical Education	9:40	Lessons Learned from Coaching	Lissa Walker
Activity	Physical Education	10:50	Balancing Teaching and Coaching for Success! Which hat will you wear?	Sheila L. Jett
Lecture	Health	10:50	Nutritional and Exercise Considerations for Brain Health	Ray Davis
Activity	Higher Education/FP	10:50	Strengthening Physical Education Teacher Education: A Collaborative Approach to Program Evaluation	Claire Mowling, Sandra Sims

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Lecture	Physical Education	10:50	“TOY” Talk...Listen how Physical Educators compare and contrast aspects of their program which may have prompted them being selected as Teachers of the Year for their schools	Cindy O’Brien, Matt Rogers, Rebecca Recke
Activity	Physical Education	12:00	Get Ready for the Cookout with New Line Dances!	Erin Reilly
Lecture	SES	12:00	Addressing common myths in Exercise Science: A Pedagogical Perspective	Zack Rightmire
Activity	Physical Education	12:00	High School Adapted PE	Madison Thompson
Lecture	Health	12:00	Nutrition for Mission Readiness in Tactical Populations	Austin Massengale

Registration:

- Thursday 3:00 – 5:00
- Friday 8:00 – 2:00
- Saturday 8:00 – 11:00